

Woodrow Swim School – Summer Term 2010

Learn to Swim, Stroke Improvement & Activity Classes

Monday	3.30 – 4.00	Novice	Beginner 1	
	4.00 – 4.30	Novice	Beginner 2 Deep	
	4.30 – 5.00	Beginner 2	Improver 1	
	5.15 – 5.45	Beginner 1	Beginner 2 Deep	
	5.45 – 6.15	Beginner 2	Improver 2	
	6.15 – 6.45	Beginner 2	Improver 1	
Tuesday	3.30 – 4.00	Novice	Beginner 1	
	4.00 – 4.30	Beginner 2	Improver 1	
	4.30 – 5.00	Novice	Beginner 1	
	5.15 – 5.45	Beginner 2	Improver 2	
	5.45 – 6.15	Beginner 1	Beginner 2	
	6.15 – 6.45	Beginner 2	Improver 1	
Wednesday	3.30 – 4.00	Beginner 1	Beginner 2 Deep	
	4.00 – 4.30	Beginner 2	Improver 1	
	4.30 – 5.00	Beginner 2	Improver 2	
	5.00 – 5.30	Beginner 1	Beginner 2	Beginner 2 Deep
	5.30 – 6.00	Novice	Beginner 1	
	6.00 – 6.30	Beginner 2	TBC	
	6.30 – 7.00	Advanced 1		
	7.00 – 7.30	Advanced 2		
Thursday	3.30 – 4.00	Beginner 2		
	4.00 – 4.30	Beginner 2	Improver 1	
	4.30 – 5.00	Beginner 1	Beginner 2 Deep	
	5.15 – 5.45	Beginner 1	Improver 1	
	5.45 – 6.15	Beginner 2	Improver 1	
	6.15 – 6.45	Beginner 2	Improver 2	
	6.45 – 7.15	Advanced 1		
7.15 – 7.45	Advanced 2			
	7.45 – 8.15	Swim Fit		

Friday	3.45 – 4.15	Beginner 1	
	4.15 – 4.45	Novice	Beginner 2 Deep
	4.45 – 5.15	Beginner 1	Improver 1
	5.15 – 5.45	Beginner 2	Improver 2
	5.45 – 6.15	Beginner 1	Improver 1
	6.15 – 6.45	Beginner 2	Beginner 2 Deep
Saturday	8.00 – 8.30	Beginner 2	Improver 2
	8.30 – 9.00	Beginner 2	Improver 1
	9.00 – 9.30	Beginner 1	Improver 1
	9.30 – 10.00	Beginner 1	Improver 2
	10.00 – 10.30	Beginner 2	Improver 1
	10.30 – 11.00	Advanced 1	
	11.00 – 11.30	Beginner 2	Beginner 2 Deep
	11.30 – 12.00	Beginner 1	TBC
	12.00 – 12.30	Beginner 1	Improver 2
	12.30 – 1.00	Beginner 2	One to One
	1.00 – 1.30	Novice	One to One
	1.30 – 2.00	Novice	Beginner 1
2.00 – 2.30	Preschool	Improver 1	
2.30 – 3.00	Beginner 2	Beginner 2 Deep	
3.00 – 3.30	Adult & Child	Beginner 1	

Children can only move into Beginner 2 Deep if assessed by teacher.

Adult & Child Lessons

Wednesday 9.15am, 9.45am, 10.15am, 10.45am

Friday 2.15pm, 2.45pm

Saturday 3.00pm

Pre-school (3yr +)

Wednesday 1.00pm, 1.30pm, 2.00pm, 2.30pm

Saturday 2.00pm

Adult Lessons Tuesday 12.45pm, Wednesday 7.30pm

Adult Gentle Swim Wednesday 11.30 – 12.45pm