

LOUISE: head of sport



Louise Cross joined London Youth in December 2005. As Head of Sport she is responsible for the running and organising of all sports events for the youth clubs across London. Louise has always been involved in sports development and has degree in sport and Physical Education. She has a sporting background herself competing at National Level in Rhythmic Gymnastics as well as county for swimming, athletics and netball. She has previously worked as sports development officer and project manager for Nacro crime prevention charity.

Louise is passionate about sport and getting young people involved as she can see the positive benefits physical activity can have on their lives. She has developed the sports programme and designed a getting ready for 2012 programme which will enable clubs to access and run a greater variety of sports.

London Youth Sports Development Team aims to help clubs capacity build through: taster sessions, coaching packs, providing sports equipment, training and opportunities to compete with other local clubs.

To contact Louise email [louise.cross at londonyouth.org.uk](mailto:louise.cross@londonyouth.org.uk)